

BPPV: Advanced Treatment and Management

October 30, 2010

Valley Forge, PA

Anne K Galgon, PT, MPT, NCS

Elizabeth Grace, MSPT, NCS

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COURSE FACULTY

ANNE K GALGON, PT, MPT, NCS is an assistant professor in the physical therapy program at Neumann College. Dr. Galgon holds her certificate of competency in Vestibular Rehabilitation from APTA/Emory University and is an APTA Neurology Clinical Specialist. She received her PhD at Drexel University in Movement Science. Dr. Galgon's clinical work and interest are at the Balance Center and MS clinic at Hospital of University of Pennsylvania.

ELIZABETH GRACE, MSPT, NCS is a Neurologic Team Leader at Good Shephard Penn Partners. She holds her certificate of competency in Vestibular Rehabilitation from APTA/Emory University and is an APTA Neurology Clinical Specialist. She is an adjunct instructor and guest lecturer at Arcadia, Neumann, and Susan Herdman's Competency based vestibular course. She is completing her PhD at Temple University in Physical Therapy.

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Registration Form

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

E-mail _____

Medical Specialty: PT PTA OT
 ATC Other (list): _____

Experience: 0-2 years 3-5 years
 5-10 years 11-20 years > 20 years

Registration Fee:

On or before 10/8/2010 \$200

On or after 10/9/2010 \$250

Register online at:

www.eliterehabsolutions.com

Make check payable to:

Elite Rehabilitation Solutions

Mail this completed form and payment to:
ELITE REHABILITATION SOLUTIONS
2820 Audubon Village Drive
Suite 330
Audubon, PA 19403
Phone: 484-685-3123
Fax: 610-635-0487
E-mail: info@eliterehabsolutions.com

COURSE DESCRIPTION:

This 1 day course is designed to provide participants with the latest evidence and foundation to manage the challenging BPPV patient. The majority of patients with BPPV can be treated with simple canalith repositioning. However, unfamiliar and ambiguous findings often prevent optimal management of the more challenging cases.

The goal of this course is to take the clinician to the next level in managing individuals with BPPV. The clinicians will review screening and examination techniques for making differential diagnoses of individuals with positional vertigo. Develop the ability to perform interventions and modify techniques and approaches when confronted with atypical findings or results will be emphasized. The course will review the available evidence to support clinical decision-making within multiple case studies.

Participants are encouraged to bring their own case studies for discussion to enhance the learning process.

COURSE OBJECTIVES:

Upon completion of this course, participants will be able to:

- Identify the appropriate screening techniques and red flags that will assist them in making differential diagnosis for individuals with complaints of positional dizziness or findings of positional nystagmus.
- Classify BPPV based on testing positions and nystagmus patterns.
- Identify and apply appropriate testing and interventions for various types of BPPV.
- Modify approach to management when initial intervention was unsuccessful or atypical presentation.
- Discuss efficacy of various canalith repositioning or liberatory maneuvers.
- Use case studies to discuss plan of care, prognosis, goals, and interventions.

COURSE OUTLINE:

- 7:30am** Registration, Pre-Test, and Continental Breakfast
- 8:00am** Introduction
BPPV Review
- 9:00am** Differential Diagnosis-
Recognize BPPV and other causes of positional vertigo
- 10:00am** Questions / Discussion
- 10:15am** Beyond the 'Epley' - Advances in Treatment Techniques
- 11:15 am** Treatment techniques—lab
 - Exam Techniques
 - Eye Movements
 - Interventions—posterior, anterior, horizontal canalithiasis and cupulolithiasis
- 12:45 pm** *Lunch (on your own)*
- 1:30 pm** Evidence for BPPV Intervention
- 2:30 pm** Case Studies
- 3:30 pm** Break
- 3:45 pm** Case Studies/ Participant Case Studies
- 4:45 pm** Summary/ Post Test and Review
- 5:00 pm** Adjourn

ACCREDITATION INFORMATION:

Submitted for in PA for 6.5 contact hours with 5 hours applicable for Direct Access.

Course Location:

Homewood Suites Valley Forge
681 Shannondell Boulevard
Audubon, PA 19403

Rooms have been reserved at a conference rate until 10/8/2010:

Studio: \$109

1 Bedroom Suite: \$139

Hotel Registration: 610-539-7300
(standard hotel rates apply after 10/9/2010)

Registration Information:

Registration for this course includes course handouts, continental breakfast, afternoon snack. Lunch is on your own.

Cancellation Policy:

Registration fees will be refunded less a \$50.00 handling fee with written cancellation up to 2 weeks prior to course. No refunds after 2 weeks prior to course date.

Can't make it to an onsite course? Check out our innovative e-learning program. No more reading monographs to achieve home study credits. Our courses allow you to view the lecture and listen to the instructor from wherever you can access the internet!! It's like being there!!

Currently Available:

- Shoulder Anatomy
- An Algorithm for Rehabilitation of the Shoulder

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