

Shoulder and Elbow Update 2014
November 21-22, 2014
Hyatt Regency Penn's Landing
Philadelphia, PA

COURSE OBJECTIVES:

Upon completion of this course, participants will have gained the ability to provide a differential diagnosis evaluation, prognosis and intervention for various shoulder and elbow disorders.

Participants will be able to:

- Use the latest evidence to conduct a complete evaluation of the shoulder and elbow, as well as document treatment outcomes.
- Understand and utilize the most current evidence in understanding the pathogenesis, diagnosis, and management of various shoulder and elbow disorders.
- Develop hands-on evaluation and treatment skills.

Accreditation Information:

The Philadelphia Orthopaedic and Sports Rehab Foundation is a BOC approved provider of continuing education for certified athletic trainers (#p3272) - 15 hours.

Pennsylvania State Board of Physical Therapy - applied for 15 hours

New Jersey State Board of Physical Therapy Examiners - applied for 15 hours

Maryland State board of Physical Therapy - applied for 15 hours

Registration Fee: \$399.00 (discount if received before 10/24/14)
\$450.00 (received on or after 10/25/14)

Handouts: Handouts will be available for download prior to the course. If you would like a handout book, you can pre-order a book for an extra \$25.00. Books will not be available at the course unless you pre-order.

Shoulder and Elbow Update 2014

Day 1

November 21, 2014

Time	Topic	Speaker
6:45 am	Check-in - Continental Breakfast	
8:00 am	Natural History, Examination, and Diagnosis of Rotator Cuff Disease	Charles Getz, MD
8:30 am	Rehabilitation and Outcome of Non-operative Management of Rotator Cuff Disease	Brian G. Leggin, PT, DPT, OCS
9:00 am	Rotator Cuff Repair: Who, When, and How	Matthew L. Ramsey, MD
9:30 am	Rehabilitation following Rotator Cuff Repair: When Should We Start?	Martin J. Kelley, PT, DPT, OCS
10:00 am	<i>Break</i>	
10:20 am	Classification and Management of Proximal Humerus and Scapular Fractures	David L. Glaser, MD
10:45 am	Rehabilitation of Shoulder Girdle Fractures	Brian G. Leggin, PT, DPT, OCS
11:10 am	Pathophysiology and Surgical Management of Frozen Shoulder	Joseph Abboud, MD
11:35 am	Guidelines for Rehabilitation of Frozen Shoulder	Martin J. Kelley, PT, DPT, OCS
12:00 pm	<i>Panel Discussion/Questions</i>	
12:30 pm	<i>Lunch</i>	
1:30 pm	The Spectrum of Shoulder Instability and SLAP Lesions	Brian J. Sennett, MD
1:55 pm	Nonoperative Rehabilitation of Shoulder Instability and SLAP Lesions	Chuck Thigpen, PhD, PT, ATC
2:20 pm	Surgical Management of Instability and SLAP Lesions	Andrew Kuntz, MD
2:45 pm	Rehabilitation Considerations following Capsulolabral Repair	Chuck Thigpen, PhD, PT, ATC
3:10 pm	<i>Break</i>	
3:30 pm	Recognition and Rehabilitation of Scapular Dysfunction	Martin J. Kelley, PT, DPT, OCS
4:10 pm	The Effect of Pain and Fatigue on Rotator Cuff Muscle Activation	Phil McClure, PhD, PT
4:40 pm	<i>Panel Discussion/Questions</i>	
5:00 pm	<i>Adjourn</i>	

Shoulder and Elbow Update 2014
Day 2
November 22, 2014

Time	Topic	Speaker
7:00 am	Continental Breakfast	
8:00 am	A New Approach to the Management of Epicondylitis	John Bellace, PT, CHT
8:25 am	Elbow Instability and Ulnar Collateral Ligament Injuries: Diagnosis and Surgical Management	Matthew L. Ramsey, MD
8:55 am	Rehabilitation of UCL Reconstruction	Chuck Thigpen, PhD, PT, ATC
9:20 am	Fractures about the Elbow: Indications for Surgery and Goals of Surgical Management	Matthew L. Ramsey, MD
9:45 am	Rehabilitation Principles Following Elbow Fracture	Laura Walsh, OTR/L, CHT
10:10 am	<i>Break</i>	
10:30 am	Injury Patterns and Examination of the Overhead Athlete	John D. Kelly, IV, MD
10:55 am	Rehabilitation Considerations of the Overhead Athlete	Chuck Thigpen, PhD, PT, ATC
11:20 am	Pathophysiology and Surgical Management of Shoulder Arthritis	Gerald R. Williams, Jr., MD
11:50 am	Rehabilitation Following Conventional and Reverse Shoulder Arthroplasty	Brian G. Leggin, PT, DPT, OCS
12:10 pm	Panel Discussion/Questions	
12:30 pm	<i>Lunch</i>	
	Concurrent Workshops (pick 2 to attend)	
	1:30 pm- 3:00 pm and 3:15 pm - 4:45 pm	
	Concurrent Workshops	
	Workshop 1: Clinical examination of the shoulder and elbow	Brian G. Leggin, PT, DPT, OCS Gerald R. Williams, Jr., MD Matthew Ramsey, MD John Kelly, MD Andrew Kuntz, MD Matthew Lewullis, DO John Bellace, PT, CHT
	Workshop 2: : Cadaver Anatomy Specimens of the Shoulder and Elbow	David Ebaugh, PhD, PT Bryan Spinelli, MS, PT, OCS Michael Piercy, PT, DPT, OCS Wendy McCoy, PT, CHT Laura Walsh, OTR/L, CHT
	Workshop 3: Manual techniques for the shoulder and elbow	Will Clark, MS, PT Martin J. Kelley, PT, DPT, OCS Brian Eckenrode, PT, DPT, OCS Tiffany Prince, PT, DPT, OCS Allison Greene, DPT
	Workshop 4: Taping Techniques for the Shoulder and Elbow	Jeffrey O'Neill, PT Marisa Pontillo, PT, DPT, SCS Gina Serago, DPT
	Workshop 5: Instrument assisted soft tissue mobilization for the shoulder and elbow	Chuck Thigpen, PhD, PT, ATC
	Workshop 6: Cervical vs. Arm Pain: Differential Diagnosis and Management	Joseph Gianoni, PT, OCS
5:00 pm	Adjourn	