SHOULDER & ELBOW UPDATE 2012
November 16-18, 2012

Shoulder and Elbow Update 2012 is a three-day conference for physical therapists, occupational therapists, athletic trainers, nurses and physicians interested in learning the latest concepts and research related to evaluation, treatment, and rehabilitation of shoulder and elbow disorders.

Registration and Hotel Information: This course fills up quickly so early registration is strongly encouraged. Registrations received before October 1st will receive a discount. Of special note, registration for Shoulder and Elbow Update 2012 also includes all conference materials, continental breakfast each day, and one lunch.

Course Description: Shoulder and Elbow Update 2012 is a three-day conference for physicians, surgeons, orthopaedic residents, athletic therapists, dietitians, and physical therapists interested in learning the latest concepts and research related to evaluation, treatment, and rehabilitation of shoulder and elbow disorders. This innovative educational program will feature a combination of didactic lectures, panel discussions, case study presentations, and workshops. This course also features a special in-depth symposium on the latest advances in research and management of scapular disorders. In order to expand the onsite program, additional foundation lectures are available online with paid registration.

Course Objectives: After completion of this course, participants will have gained a working knowledge of the evaluation and treatment of various shoulder and elbow disorders.

Participants will be able to:
• Use the latest evidence to conduct a complete evaluation of the shoulder and elbow, as well as document treatment outcomes.
• Understand and utilize the most current evidence to understanding the pathogenesis, diagnosis, and management of various shoulder and elbow disorders.
• Develop hands-on evaluation and treatment skills.
• Gain an in-depth knowledge of the recent advances and current research in pathogenesis and management of scapular disorders and their affect on shoulder and elbow function.

Course Instructors: Course participants will have ample time for discussion and interaction with the orthopaedic surgeons, physicians, therapists, and physical therapists. Members of the course faculty have presented numerous peer reviewed articles, books, book chapters, and monographs relating to the shoulder and elbow. Many of these faculty members are currently involved in research aimed at advancing the management of shoulder and elbow disorders. Members of this faculty have lectured on these topics locally, nationally, and internationally.

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Shoulder and Elbow Update 2012 will be held at the Hyatt Regency, Penn’s Landing, 201 South Columbus Blvd., Philadelphia, PA 19106.

For hotel information contact the Hyatt Regency at (215) 928-1234 or go to www.hyatt.com. The Hyatt Regency is offering a special room rate of $189.00/night plus tax for a single or double occupancy. This rate is available until November 1st and rooms fill up quickly.

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**DAY 1**

Friday, November 16th

7:00 am Continental Breakfast/Exhibits

8:00 am Biomechanics and the Role of the Scapula in Shoulder Disorders

Brian G. Leggin, PT, DPT, OCS

8:15 am Pathophysiology and Examination of Rotator Cuff Disease

Matthew J. Ramsey, MD

8:30 am Rehabilitation of Patients with Rotator Cuff Disease Including Strategies for Motion Tears

Brian G. Leggin, PT, DPT, OCS

9:00 am Surgical Management of Rotator Cuff Tears: Where we’ve been and where we’re going

Jeff James, MD

10:30 am Break/Educational Exhibits

10:45 am Biomechanics and the Role of the Scapula in Shoulder Disorders

Brian G. Leggin, PT, DPT, OCS

11:15 am Using Early Clinical Change Scores to Predict Outcome in Patients with Shoulder Pathology

Jeff James, MD

11:30 am Panel Discussion/Q&A

12:00 pm Lunch Provided

1:00 pm Shoulder Instability and SLAP Lesions and the Role of the Scapula

Will Ben Kibler, MD

1:30 pm Surgical Management of Shoulder Instability and SLAP Lesions

Will Ben Kibler, MD

2:00 pm Rehabilitation of Shoulder Instability and SLAP Lesions

Tiffany Prince, PT, DPT, OTR/L

2:30 pm Panel Discussion/Q&A

**DAY 2**

Saturday, November 17th

8:00 am Scapula Symposium

8:00 am Workshop 1: Clinical Examination of the Shoulder

Brian G. Leggin, PT, DPT, OCS

8:30 am Workshop 2: Kinetic Chain Approach to Evaluation and Management of Scapular Dysfunction

W. Ben Kibler, MD

9:00 am Workshop 3: Cadaver Anatomy of the Shoulder and Elbow

Clark Fink, MD, PhD, PT, DPT, OCS

9:15 am Workshop 4: Examination and Intervention for Scapular Disorders Caused by Stroke

Martin J. Kelley, PT, DPT, OCS

9:45 am Workshop 5: Manual Techniques to Improve Range of Motion and Strength of the Shoulder

Martin J. Kelley, PT, DPT, OCS

10:15 am Workshop 6: Common Shoulder Impingement Syndromes

Joseph Ginns, PT, DPT, OCS, ATC

10:45 am Workshop 7: Management of Nerve Injuries of the Upper Extremity

Jeff James, MD

Lectures Available Online: (1.5 hours)

Shoulder Girdle Anatomy

Bryan Spinelli, MS, PT, OCS

Elbow Impingement

W. Ben Kibler, MD

Shoulder Stability

Will Ben Kibler, MD

Postmedications received on or before October 1st: $500.00

Postmedications received October 1st or later: $500.00

Cancellation Policy: Please visit our website for our cancellation policy.

www.eliterehabsolutions.com

**DAY 3**

Sunday, November 18th

7:00 am Continental Breakfast/Exhibits

8:00 am Fractures of the Elbow: Indications for Surgery and Goals of Surgical Management

Matthew L. Ramsey, MD

8:25 am Rehabilitation Principles Following Elbow Fracture

Jane Fedorczyk, PT, MS, CHT, ATC

8:50 am Pathogenesis and Surgical Management of Proximal Humeral Fractures

Bryan Spinelli, MS, PT, OCS

9:15 am Rehabilitation of Elbow Arthritis

Laura Polsky, CT, CHT

9:40 am Upper Extremity Pathologies: Diagnosis and Surgical Management

Brian Eckenrode, PT, DPT, OCS

10:05 am Rehabilitation of Upper Extremity Ligament Injuries

Brian Eckenrode, PT, DPT, OCS

10:30 am Pathogenesis and Surgical Management of Shoulder Arthritis

Gerald R. Williams, Jr., MD

11:15 am Rehabilitation Following Shoulder Arthritis

Bryan Spinelli, MS, PT, OCS

11:30 am Classification and Surgical Management of Proximal Humeral Fractures

Bryan Spinelli, MS, PT, OCS

11:50 am Rehabilitation Following Proximal Humeral Fractures

Bryan Spinelli, MS, PT, OCS

12:00 pm Diagnosis and Surgical Management of Frozen Shoulder

Brian G. Leggin, PT, DPT, OCS

12:30 pm Rehabilitation of Frozen Shoulder

Martin J. Kelley, PT, DPT, OCS

1:00 pm Panel Discussion/Q&A

1:30 pm Adjourn

Accreditation Information

All participants will receive a certificate for contact hours or continuing education units (CEUs) as approved by governing bodies. Please check our website for accreditation approvals. We are a BOR-approved provider (R0272).

www.eliterehabsolutions.com

Registration Form

Name: ________________________

Address: ________________________

City/State/Zip: ________________________

Employer: ________________________

Work Address: ________________________

Email: ________________________

**Confirmation will be sent by email**

Medical Specialty: _______ PT _____ PT/CDCS _____ OMT _____

Phone: ________________________

Years of experience: 0-5 years 6-10 years 11-15 years 16-20 years 20+ years

Check one:

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