

Elite Rehabilitation Solutions, LLC
2820 Audobon Village Drive
Suite 330
Audobon, PA 19403

Address Correction Required

SAVE THE DATE!
**Vestibular Rehabilitation:
Evaluation and Treatment
of the Dizzy Patient
October 9-10, 2010**

Disorders of the Knee: Update on Evaluation and Management September 18-19, 2010

Course Location:
**Valley Forge, PA
681 Shannondell Boulevard
Audubon, PA 19403**

Sponsored by:



Your Practice Partner
Professional Development
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Practice Consulting

Phone: 484-685-3123

www.eliterehabsolutions.com

COURSE FACULTY

BRIAN J SENNETT, MD interim chair of orthopedics and chief of sports medicine at **University of Pennsylvania Medical Center**. He has published several peer reviewed articles and chapters and has been honored in "Best Doctors in America" and "Top Doctors in Philadelphia".

BRIAN ECKENRODE, PT, DPT, MS, OCS is the Sports Team Leader for GSPP Penn Therapy and Fitness at the Penn Sports Medicine Center in Philadelphia. Brian's clinical experience includes the treatment of high school, college, Olympic, and professional level athletes. He also serves as a senior lab instructor for the Physical Therapy Department at Arcadia University. In addition to having published several journal articles and book chapters, he has previously lectured on orthopaedic and sports injuries at the local and national level.

Registration Form

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

E-mail _____

Course Title—Check

Disorders of the Knee: Update on
Evaluation and Management
September 18-19, 2010

Medical Specialty: PT OT ATC

CHT Other (list): _____

Experience: 0-2 years 3-5 years

5-10 years 11-20 years > 20 years

Registration Fee:

\$375 2 weeks prior to course (9/3/2010)

\$425 Less than 2 weeks prior to course

(9/4/10 and after)

Make check payable to:

Elite Rehabilitation Solutions

Mail this completed form and payment to:
ELITE REHABILITATION SOLUTIONS
2820 Audobon Village Drive
Suite 330
Audubon, PA 19403

Or register online at:

www.eliterehabsolutions.com

Phone: 484-685-3123

Fax: 610-635-0487

E-mail: info@eliterehabsolutions.com

COURSE DESCRIPTIONS:

These 2 day courses are designed to provide participants with the latest evidence for evaluation, surgical management and rehabilitation from a orthopedic surgeon & PT who specialize in treatment of the knee. Each program will feature an integrated format of lecture, lab, video, case study, and discussion. Course content is supported by current evidence based research.

COURSE OBJECTIVES:

- Gain working knowledge of functional anatomy and biomechanics of the knee and it relates to pathology.
- Recognize the pathomechanics of various knee disorders and rehabilitation prognosis
- Conduct a thorough evaluation of the knee, interpret radiology reports/ images, & document treatment outcomes
- Design and implement an appropriate rehabilitation program based on latest clinical and scientific information.

Disorders of the Knee Course Agenda

Day 1:

- 7:30 am** Registration/ Continental Breakfast/ Pre-test
- 8:30 am** Functional anatomy and evaluation of the knee
- 9:30 am** Neuromuscular rehabilitation
- 10:15 am** Questions/Discussion
10:30 am Break
- 10:45 am** Evaluation & rehabilitation of collateral & multi ligamentous knee injuries
- 11:30 am** Overuse syndromes & runner's Injuries
- 12:00 pm** Questions/ Discussion
12:30 pm Lunch (on your own)
- 1:30 pm** Palpation/ Special Test (lab)
- 2:45 pm** Functional Testing (lab)
- 3:30 pm** Case Studies: Algorithmic Approach to Knee Rehab
- 5:00 pm** Adjourn

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Can't make it to an onsite course?
Check out our innovative e-learning program.

Disorders of the Knee Course Agenda

Day 2:

- 7:30 am** Continental Breakfast
- 8:00am** Pathogenesis of ACL injuries
- 8:30am** Current concepts in prevention of ACL injuries
- 9:15 am** Surgical management of ACL Injury
- 9:45 am** Conservative management, pre-op instruction and post op rehabilitation of ACL
- 10:15 am** Questions/Discussion
10:30 am Break
- 10:45 am** Pathogenesis, evaluation & management of meniscal injuries
- 11:15 am** Rehabilitation of meniscal Injury
- 11:45 am** Evaluation & management of articular cartilage defects
- 12:00** Rehabilitation following articular cartilage procedures
- 12:30 pm** Lunch (on your own)
- 1:30 pm** Pathogenesis, evaluation & rehabilitation of patellofemoral pain
- 2:15 pm** Surgical management of the patellofemoral joint
- 2:45 pm** Perturbation training & enhancing dynamic and core stability to improve LE function (lab)
- 4:30 pm** Case Study & post test
- 5:00 pm** Adjourn

Course Location

Homewood Suites Valley Forge
681 Shannondell Boulevard
Audubon, PA 19403
Rooms reserved at conference rate until 3 weeks prior to each course:
Studio \$109 or 1 bedroom suite \$139
Hotel Registration: 610-539-7300

Registration Information:
Registration includes course handouts, continental breakfast, break snacks. Lunch is on your own.

Cancellation Policy:
Refunds less \$50 will be given for cancellation requests prior to 14 days before each course. No refunds can be granted after that date.

ACCREDITATION INFORMATION:

Approved for 14 contact hours (1.4 CEU) in PA, 10 contact hours approved for direct access.

Resubmission to NJPTBE for re-approval of 14 contact hours (1.4 CEU); Check our website for approval status.

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Currently Available:

Shoulder Anatomy

An Algorithm for Rehabilitation of the Shoulder

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